

KidQuake@Home Activities

FIRST...

Set the scene and set up your camp!

- Find a blanket, sheet, or tent and create a camping spot in the yard.
- Perhaps you have a hammock or a camp chair you can dig out.
- Maybe you want to do it in the evening and suggest to your parents to have “campfire” with your fire pit or build a pretend fire with sticks and stones.
- Dress the part – find a KidQuake t-shirt or camp/church shirt to wear and maybe a hat.
- Do you need your flashlight, water bottle, and bug spray?
- What about a snack?
- Can you invite other family members to participate?
- Collect activity supplies and a device for watching the videos and songs.
- Of course, you can do this in pieces or all at the same time.

Read a Bible Story

Creation Story from Genesis 1 or Psalm 100 and draw what you see in your yard or neighborhood or park in nature that you are thankful for.

Nature Rubbings

Collect small items of nature (seeds, leaf, tree bark, rocks). Lay them out in a design, and then place a piece of paper over them. Using the side of a crayon rub gently over on the paper and over the designs, to create your nature rubbing.

If you find something large in nature (like a tree trunk) you would like to use for your rubbing, you can lay your paper on the trunk of a tree and rub with the side of your crayon.

Transform your Family Walks

- As you are walking your neighborhood or local trails look at God’s world with new eyes.
- Color/Shape Walk: Choose one color or shape and while you are walking look for all the things you see in that color or shape. Talk with your family about what you see. Which is your favorite?
- Wildflower Walk: As you walk count the different types of flowers you see. Talk with your family about what you see. What colors do you see most? Which flower was your favorite?
- Sounds Walk: Listen closely for all the different sounds you hear on the walk. Talk with your family about the sounds you hear and see if you can figure out what is making each sound.

Mission Project

Each year at KQ we do something for others. This year can you draw pictures or write notes or on post it notes to nurses and doctors and others who work in hospitals caring for those who are sick during this time. KQ small group leader, Lorrie Caldwell, who grew up in Grace Presbytery works at a medical center

in Carrollton and has asked us if we would like to share the kind words and pictures with the staff. Let's help her out. Mail items to her attention: 704 Windfields Street, Denton, TX 76209.

Flashlight Tag

The 'it' person counts while everyone else hides. The 'it' person then needs to find everyone and tag them with the flashlight. Continue play until everyone has been the 'it' person.

Shadow Puppets

Find a wall and use a flashlight to make shadow puppets. Guess what is being made or have the person tell a story using shadow puppets.

Make a Camp Snack

Roast marshmallows over your fire pit or make s'mores in the microwave. Or make popcorn and eat orange slices. Don't forget to drink your water!

Home Campout

Set your tent up in the backyard and have a campout. Be sure to stargaze.

Watch the Sunset Together with your Family

PRAYER

Take a few minutes to pray and give thanks to God for nature, for KidQuake, for camps, for friends. Name a few things together with your eyes open and heads up looking around.

SONG LYRICS

Sanctuary by Randy Scruggs and John Thompson

Lord prepare me, to be a sanctuary pure and holy, tried and true
with thanksgiving, I'll be a living, sanctuary for You.

Lord teach your children, to stop their fighting, start uniting, all as one
let's get together, loving forever, sanctuary, for You

Alleluia oh alleluia, alleluia, alleluia, oh alleluia, alleluia, oh alleluia.

Trading my Sorrows by Darrell Evans

I'm laying them down, for the joy of the Lord

I'm trading my sickness, I'm trading my pain

I'm laying them down, for the joy of the Lord

And we say yes Lord, yes Lord, yes yes Lord

Yes Lord, yes Lord, yes yes Lord

Yes Lord, yes Lord, yes yes Lord AMEN!

Lean On Me by Bill Withers

Sometimes in our lives we all have pain

We all have sorrow

But if we are wise

We know that there's always tomorrow

Lean on me, when you're not strong

And I'll be your friend

I'll help you carry on

For it won't be long

'Til I'm gonna need

Somebody to lean on

Please swallow your pride

If I have things you need to borrow

For no one can fill those of your needs

That you won't let show

You just call on me brother, when you need a hand

We all need somebody to lean on

I just might have a problem that you'll understand

We all need somebody to lean on

Lean on me, when you're not strong

And I'll be your friend

I'll help you carry on

For it won't be long

'Til I'm gonna need

Somebody to lean on

You just call on me brother, when you need a hand

We all need somebody to lean on...

SEE YOU in 2021 for KidQuake!